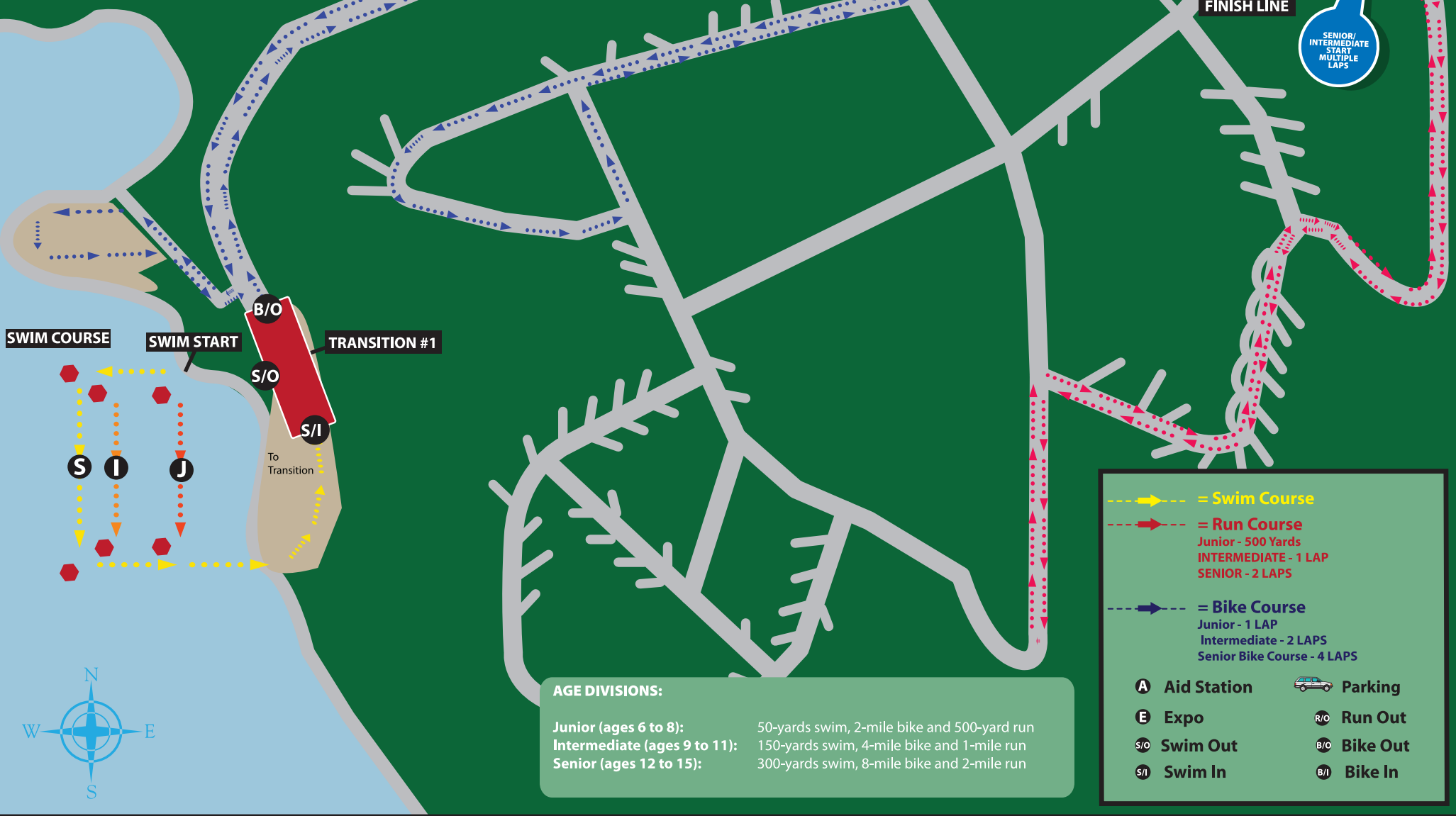


CLINTON LAKE CAMPGROUND #3



AGE DIVISIONS:

Junior (ages 6 to 8):	50-yards swim, 2-mile bike and 500-yard run
Intermediate (ages 9 to 11):	150-yards swim, 4-mile bike and 1-mile run
Senior (ages 12 to 15):	300-yards swim, 8-mile bike and 2-mile run

	= Swim Course
	= Run Course Junior - 500 Yards INTERMEDIATE - 1 LAP SENIOR - 2 LAPS
	= Bike Course Junior - 1 LAP Intermediate - 2 LAPS Senior Bike Course - 4 LAPS
A	Aid Station
E	Expo
S/O	Swim Out
S/I	Swim In
	Parking
R/O	Run Out
B/O	Bike Out
B/I	Bike In